



USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS

Saturday June 22, 2019

Fitchburg State University Track Complex
Coolidge Park, John Fitch Highway, Fitchburg MA 01420

AGE DIVISIONS – DIVISIONS ARE NAMED BY THE AGE GROUP (Age as of December 31)

Divisions -	8 / under	Year of birth:	2011 / 2012 / 2013	- Must be at least 7 on 12/31 to compete at National meet
	9-10		2009 / 2010	
	11-12		2007 / 2008	
	13-14		2005 / 2006	
	15-16		2003 / 2004	
	17-18**		2001 / 2002	* also 2000 if born July 29, 2000 or later

ELIGIBILITY: USATF MEMBERSHIP AND VERIFIED BIRTHDATE REQUIRED. US citizens, resident aliens, exchange students.

ENTRY LIMITS

Athletes must compete in their own age group – they may not compete in older or younger groups.

Ages 8 / under, 9-10, 11-12 **may enter 3 events INCLUDING RELAYS**

Ages 13-14, 15-16, 17-18 **may enter 4 events INCLUDING RELAYS**

EACH RELAY COUNTS AS AN EVENT entered!

Events not held at Fitchburg but waived into Region I (steeplechase, 4x800) count as an event entered

Waivers for Combined Events (triathlon, pentathlon, heptathlon, decathlon) **do NOT count as individual events entered**

ENTRY PROCESS

To begin the entry process, athletes need 2019 USATF Membership AND the birthdate must be verified prior to entry.

ONLINE ENTRY ONLY – ENTRY CLOSES TUESDAY, June 18 at 8:00 pm

Online entry at www.athletic.net No mail in or email entry. **ALL ENTRY CLOSES June 18, 8:00 pm**

All entry fees must be paid at time of entry

There is NO LATE ENTRY AND NO DAY OF EVENT ENTRY

ENTRY FEES \$7.00 for each individual event entered

ENTRY CLOSES ON Tuesday, June 18 at 8:00 pm

RELAYS - *There is no entry fee for relays at the New England meet*

Only current USATF member clubs as of June 18 may enter relays.

Any name on a club roster on June 18 is eligible to run for a club at any level. No roster additions after June 18

All team members must be in the same age division * All relay team runners MUST wear the same color tops and bottoms *

THERE IS NO 4x800, Steeplechase, and no Combined Events at the New England meet. Individuals interested in those events must request a waiver by email before by Tuesday, June 18 at 5:00 p.m. to be considered for Region I entry. Those individuals must also enter the NE meet and pay the fee as if those events are being held. The 4x800 and Steeplechase count as events entered at the New England meet. Those waived entries must then enter and pay for the Region I meet

IF YOU HAVE ANY COMPETITION QUESTIONS ON RULES, PLEASE CONSULT THE RULEBOOK at www.usatf.org

REGION I JO CHAMPIONSHIPS July 11-14 2019 Hosted by the Long Island Association at Plainville NY

The **top 8 finishers** in each event in each age group on June 22 qualify for Region I meet.

Region I information is found at www.usatfne.org/track

Region I registration is **ENTIRELY ONLINE** from June 24 to July 4 at 11:59 p.m. at www.athletic.net only

WAIVERS INTO REGION I MEET

With prior approval of the USATF-NE Association, athletes missing the New England meet in limited circumstances **MAY** be advanced to the Region I meet **if this does not displace** a top 8 finisher at Fitchburg. Requests are **NOT A GUARANTEE** of a waiver.

Waiver requests must be submitted by Monday, June 17, at 5:00 p.m. and must be confirmed for approval.

USATF NATIONAL JO CHAMPIONSHIPS, Sacramento, California July 22-28, 2019

<http://www.usatf.org/Events---Calendar/2019/USATF-Hershey-National-Junior-Olympic-Track---Fiel.aspx>

The **top 5 finishers** in each age in each event at the Region I meet (except multi-events) qualify for the National Championships.

Entry is entirely online following the Region I meet at athletic.net **Combined events advance top 2 and 3rd if points are achieved**

**FOR MORE INFORMATION – www.newengland.usatf.org/Sports/Youth.aspx
office@usatfne.org 617-566-7600 days during business hours**

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Saturday June 22, 2019

COMPETITION PROCEDURES

Divisions- by birth year

8 / Under -	2011 / 2012 / 2013	9-10 – 2009 / 2010	11-12 – 2005 / 2006
13-14 –	2005 / 2006	15-16 - 2003 / 2004	17-18 - 2001 / 2002 (and born 2000 July 29 or later)

GENERAL POLICIES – NEW ENGLAND CHAMPIONSHIP

*** ONLY CREDENTIALLED OFFICIALS and ASSIGNED VOLUNTEERS ARE ALLOWED ON THE INFIELD OR INSIDE LANE 8 OF THE TRACK. Credentialed means having background screening and SafeSport completion**

Parents/Coaches may not accompany their athlete to check-in on the infield regardless of athlete age.

* The only exceptions for credentialed coaches only are

1. to assist an athlete in getting a high jump mark. The individual must then leave prior to the start of competition
2. in the pole vault, where coaches must remain in the coaches box

Those individuals **MUST** have a coaches' credential. (option – have an athlete's teammates help)

Coaches passes are only issued to club coaches with background screening and SafeSport verification.

- **COMPETITORS MAY NOT POSSESS OR USE ELECTRONIC DEVICES INCLUDING, BUT NOT LIMITED, TO CELL PHONES, HEADPHONES, AND COMPUTERS IN THE COMPETITION AREAS OR INFIELD.**
- **Individuals with such devices will immediately be escorted out of the field event area or outside the track.**

No dogs allowed in the general facility area including stands, team areas, and field event areas except for identifiable and credentialed service animals. Campus Security will remove a non-complying animal and the owner. DO NOT BRING DOGS TO THE MEET.

ORDER OF EVENTS: Please be aware of the order of events in the schedule. Events run in order, not on a time schedule. Though competitors may not hear all announcements, it is still their responsibility to report in a timely manner.

Before entering events, please consult the schedule and understand how entering multiple events can create conflicts. Time schedules are not exact, and may require check-in at multiple locations at the same time.

It is the responsibility of the athlete/coach to properly check in for each event and compete in the required time block.

TRACK EVENTS

All Track event competitors check-in for their events at the Clerking Center on the infield.

Once checked in and assigned to a heat and lane, the competitor is responsible for getting to the starting line for the proper section of their race. Athletes will not be allowed to compete, nor moved to another section, if they miss their assigned section.

FIELD EVENTS

All Field event competitors check in with the official at the respective field event area

Field event competitors who are also in running events may be moved to another flight, or be excused for a reasonable time to run. There is no such thing as "the 10 minute rule"

Athletes must check out with and report back to the field event official or risk not competing, or not completing all attempts

Missed trials are allowed only if the competitor returns before the competition ends (age 7-14) or before the finals begin (age 15-18)

In the pole vault and high jump, the bar is not lowered after the competition begins

Field Event Warmup – A maximum 15 minute warmup between age groups, and 5 minutes between flights. Plan pre-competition warm-ups accordingly. No more than 2 warmup throws

Long and Triple Jumps - No runbacks from the board are allowed in any age division to get a starting mark.

A common tape measure from the take-off board along the runway will be available to obtain measured marks.

*** ONLY CREDENTIALLED OFFICIALS and ASSIGNED VOLUNTEERS ARE ALLOWED ON THE INFIELD OR INSIDE LANE 8**

ENTRY CLOSING ON Tuesday, June 18 at 8:00 pm

SCHEDULE OF EVENTS

Age groups may be combined depending on number of entries

FIELD EVENTS

Attempts in all throws and in the long and triple jumps

Ages 7-8 9-10 11-12 – 3 attempts for all athletes
Ages 13-14 – 3 attempts for all athletes, top 4 get 4th attempt
Ages 15-16 17-18 – 3 attempts for all athletes, top 6 get 3 final attempts

TIMES MAY BE ADJUSTED AFTER ENTRIES CLOSE. SCHEDULE CHANGES WILL BE POSTED AT CHECK-IN

Triple Jump 9:15 am PIT 1 - ALL **BOYS 13-18**; PIT 2 - ALL **GIRLS 13-18** ALL ages check in at 9:15!
Long Jump Follows Triple Jump in the listed order
AGES 13-18 PIT 1 – Boys 13-14 then 15-16 then 17-18; PIT 2 Girls 13-14 then 15-16 and 17-18

Long Jump 1:30 pm Age 7-8 Girls **AND** Boys 7-8 in Pit 1, Girls age 9-10 in Pit 2.
AGES 7-12 Followed by 9-10 boys and 11-12 Boys in Pit 1 **and Girls 11-12 in Pit 2**

High Jump 9:45 am **Girls 15-16 / 17-18 combined**, then **Boys 15-16/17-18 combined**; Then **13-14 Girls/Boys combined**
1:45 pm **Girls 9-10 AND Boys 9-10 COMBINED**; THEN **Girls 11-12 AND Boys 11-12 COMBINED**

Pole Vault 11:00 am All GIRLS TOGETHER Lowest **opening heights - 13-14 - 5'6" 15-16 - 6'6" 17-18 – 7'6"**
1:00 pm All BOYS TOGETHER Lowest **opening heights - 13-14 – 6'6" 15-16 - 8'0" 17-18 – 9'0"**

Javelin 9:30 am Girls 13-14; then **Girls 15-16 /17-18 combined**; then Boys 13-14; then **Boys 15-16 THEN 17-18**
 Synthetic Runway Girls: Minimum 13.00m to measure. **Boys:** Minimum to measure 15/16 - 20.00m 17-18- 30.00m

Mini-Javelin 2:00 pm Boys 7-8 then Boys 9-10 then Girls 7-8 then Girls 9-10 -- **on track infield**

Aero-Javelin 2:00 pm 11-12 Boys then 11-12 Girls (This replaced the age 11-12 turbo in 2017) **on Javelin Runway**

Shot Put 9:45 am Girls 13-14; then Girls 15-16 **AND** Girls 17-18; then Boys 13-14 then Boys 15-16 then Boys 17-18
(ONE CIRCLE) 2:00 pm Boys 7-8 then Boys 9-10 then Boys 11-12; then **Girls 7-8 / 9-10 / 11-12 MAY COMBINE AGES**
All boys SP check in at 2pm

Discus 9:30 am Boys 13-14 **AND** Boys 11-12; then Girls 13-14 **AND** Girls 11-12; May combine age groups
12:30 pm Girls 15-16 **AND** Girls 17-18; then Boys 15-16 **AND** Boys 17-18; May combine age groups

Hammer 3:30 pm Girls 15-18; then Boys 15-18 Minimum measurement - Girls 20.00 meters, Boys 25.00 meters

TRACK EVENTS**Age groups will be combined if numbers in events are small**

9:15 am 1500m Race Walk ALL AGES - ONE RACE- all ages will race 1500m
9:30 am 400m hurdles 36" B 15-16, B 17-18
 400m hurdles 30" G 15-16, G 17-18
 200m Hurdles G 13-14 then B 13-14

9:45 am **Track for AGE 7-8, 9-10, and 11-12 divisions - Order in age group is Girls then Boys** **AGES 7-12**
 100 meters **TRIALS 7-8 G/B , 9-10 G/B , 11-12 G/B** – top 8 times advance to final
 1500 meters **GIRLS 7-8 , 9-10 , 11-12 (MAY COMBINE AGE GROUPS)**
 100 meters **FINALS 7-8 , 9-10 , 11-12**
 1500 meters **BOYS 7-8 , 9-10 , 11-12 (MAY COMBINE AGE GROUPS)**
 400 meters All 7-12 Finals on Time
 4x100 Relay All 7-12 Will combine age groups
 800 meters All 7-12 Finals on Time
 200 meters All 7-12 Finals on Time
4x400 RELAY All 7-12 Will combine age groups

1:00 pm 80m hurdles 30" All 11-12 All hurdles are final races, place on Time
 100m hurdles 30" Girls 13-14
 100m hurdles 33" Boys 13-14
 100m hurdles 33" Girls 15-16, 17-18
 110m hurdles 39" Boys 15-16, 17-18

1:30 pm **Track for AGE 13-14, 15-16, and 17-18 divisions - Order in age groups is Girls then Boys** **AGES 13-18**
 100 meters **TRIALS - 13-14 G / B , 15-16 G / B , 17-18 G / B** - top 8 times advance to finals
 1500 meters Girls 13-18 May combined ages
 100 meters **FINALS 13-14 G / B , 15-16 G / B , 17-18 G / B**
 1500 meters Boys 13-18 May combined ages
 400 meters All 13-18 Finals on Time
 4x100 Relay All 13-18 Will combine age groups
 800 meters All 13-18 Finals on Time
 200 meters All 13-18 Finals on Time

TO FOLLOW 3000m GIRLS 11-12, 13-14 , 15-16 17-18. some ages will be combined
3000m BOYS 11-12, 13-14 , 15-16 17-18. some ages will be combined
4x400 RELAY All 13-18 Will combine age groups