

2019 Cross Country Grand Prix Competition Guidelines



The USATF NE XC Grand Prix consists of five road races of various distances where participants accrue Team and Individual points. Prize money is awarded in the Team and Individual competitions. The value of the total Prize Money and Apparel for the 2019 USATF NE Cross Country Grand Prix is \$5,500.

Eligibility

Athletes must have an up to date USATF membership to score in the Grand Prix standings. Team and Individual XC Grand Prix prize money will be limited to USATF-NE members only.

Scoring - Individuals

- Individuals will be scored in the following categories:
 - **Open Women and Men**
 - **Age Graded Women and Men**
- **Open** runners score points based on their time as a percentage of the winner's overall time, making every second count. For example, an 8K winning time of 25:00 earns 100.00 points; a runner-up finish time of 25:45 is worth 97.00 points. A finish time of 37:30 receives 50.00 points (equivalent to 50% of the winning time).
 - If there are separate races for age divisions, only the Open race will be scored in the Open Women and Men Individual GP standings.
- For 2019, we will try an overall **Age Graded Division**. Age Graded runners will score based on the Age Graded results of each race, regardless of distance or division. Final score for the GP Series is simply the sum of all Age Graded results.
- All finishers earn points, with **the runner's top 4 of 5 race finish scores totaled** for the final Grand Prix Series standings.
- Athletes must **complete at least three races** to be eligible to receive individual prize awards and be included in the final Grand Prix Series standings.
- Individuals **must race the USATF NE XC Championships** to be eligible for prize money in the XC GP Series final scoring.
- Individual USATF-NE **membership is required at entry for all races on the Grand Prix**.
- In the event of a tie in the final Grand Prix standings, the prize money will be split evenly among the competitors.

Scoring-Teams

- Teams must complete **at least three series races one of which must be the USATF NE XC Championships** to be eligible for team prize money. All races will count toward the final GP standings.
- Traditional team cross country scoring will be used for Teams, scored by place.
- GP Points are awarded to all scoring teams in all divisions. The **first-place team in each division will receive points equal to the number of scoring teams** in that division, with a **minimum of 5 points**. The **following team will receive one point less** until all teams have been scored.
- **Top 5 runners (with 2 displacers)** will score for **Open Women and Open Men, Men 40+, Men 50+ divisions**. If a team in any above-mentioned divisions fails to finish 5 runners, they will be considered “incomplete” and will not be included in team scoring.
- **Top 3 runners (with 2 displacers)** will score for **Women 40+, Women 50+, Women 60+ and Men 60+ divisions**. If a team in the above-mentioned divisions fails to finish 3 runners, they will be considered “incomplete” and will not be included in team scoring.
- Ties between two or more teams shall be resolved in favor of the team whose last scoring member finishes nearer to first place
- Runners dropping down in age divisions for team scoring purposes must run in the appropriate age division race if there are separate age division races.
- Runners on incomplete teams, unattached runners, runners on non-USATF-NE teams and runners without a valid USATF-NE membership will not be included in team scoring.
- Teams do not need to declare eligible scoring runners prior to competition.
- In the event of a tie in the final Grand Prix standings, the prize money will be split evenly among the competitors. Ex: Two Open teams tie for first place in the standings, the first (\$400.00) and second (\$250.00) place prize money will be summed then divided by two; each team will receive \$325.00.

Individual and Team Awards & Prizes

- All USATF NE XC Grand Prix Series participants competing in at **least 3 races** will receive a unique and fabulous USATF NE GP XC series apparel prize.
- Individuals and Teams competing in at **least 3 of 5 races including the USATF-NE Championships** are eligible for series cash awards.

2019 Cash Award Structure

2019 Team Women and Men				
Place	Open	40 +	50 +	60 +
1	\$400	\$200	\$150	\$100
2	\$250	\$150	\$100	\$50
3	\$150	\$100	\$50	
4	\$100	\$50		
5	\$50			

2019 Individual Women and Men		
Place	Open	Age Graded
1	\$100	\$100
2	\$50	\$50
3	\$25	\$25